

66 or more pitches in a day = 4 calendar days rest
51-65 pitches in a day = 3 calendar days rest
36-50 pitches in a day = 2 calendar days rest
21-35 pitches in a day = 1 calendar days rest
1-20 pitches in a day = 0 calendar days rest . . .

Little League - Baseball Pitching Eligibility Tracking Form (Pitching Record)

76 or more pitches in a day = 4 calendar days rest
61-75 pitches in a day = 3 calendar days rest
46-60 pitches in a day = 2 calendar days rest
31-45 pitches in a day = 1 calendar days rest
1-30 pitches in a day = 0 calendar days rest

REQUIRED AFTER EVERY GAME

[illegible]

MULTIPLE GAMES SHOULD BE INPUTTED ON ONE FORM AS SPACE ALLOWS